

MRS. OT

2 0 2 6



Service

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| Breastfeeding (first consultation - up to 2h) | £65 |
| Breastfeeding (follow up session - 1h) | £50 |
| Birth Plan (during second/third trimester) | £50 |
| Birth Partner Prep (in person / remote) | £50/35 |
| Birth Debrief (postpartum) | £50 |
| Loss/Miscarriage Reflections | £45 |
| Phone / Video Call (per 20 minutes) | £15 |

Booking

Please contact hello@mrsot.com in the first instance with a short description of the service/support you require. I aim to respond to all new enquiries within 24-48 hours, however, if it is urgent, please put this in the subject of your email. If I am out of office you will receive a response with details of my return.

Please note; all enquiries are obligation free :)

In person appointments are offered at no extra charge to those in my catchment area. I am able to travel further afield when availability allows, however, it will be subject to a travel fee/reimbursement. This will be discussed before any commitment is made.

Once we have agreed terms, you will be sent a booking link. Payment is due at the time of booking. You can reschedule / request a full refund up to 48 hours ahead of the appointment. Cancellations within the 48 hour window are not liable for refund and a change of date/time would be subject to a new booking at full service cost.

Gift Vouchers are available - please contact hello@mrsot.com

(Thanks for reading the boring bits - I can't wait to help you!)